

SPACE	NUMBER OF BAGS	SPACE	NUMBER OF BAGS
KITCHEN		BATHROOM	
Eliminate Duplicate Items		Pair down number of adult and kid towels	
Throw away straws and fast food utensils, etc.		Empty cupboards of all trash and empty bottles	
Eliminate excess Tupperware		Throw out extra medicine cups and syringes	
Simplify kid items		Throw out old bath toys	
Store or donate items for kids that they are too old for (IE Bottles/teethers)		Donate or throw away items that are no longer age appropriate – example: baby meds	
Clean out fridge		Throw out makeup you don't use	
Clean out under the sink		Donate hair irons and dryers you don't use	
If you haven't used it in a year, throw it out or donate it!		Donate old hair accessories	
Clean out pantry from items un used in 6 months/empty boxes/expired items		Minimize combs/ beauty products and so on, and get rid of what you haven't used recently	
Get rid of extra spices that you don't use or are expired – THEY DO EXPIRE.			
		OFFICE	
MISC/UTILITY ROOM/JUNK DRAWER		File all papers in labeled files	
Donate light bulbs you won't use		Throw out all old un needed items in files	
Donate cleaning supplies you won't use		Store kid's items and projects in labeled bins	
Simplify # of cleaning rags you have			
Throw away old or broken chargers		LINEN CLOSET	
Get rid of any JUNK		Donate or throw out old towels	
If it belongs elsewhere – put it there		Donate sheets and pillow cases you don't use	
		Donate excess blankets and throw pillows	
STORAGE ROOM		Pair down on duplicate items (ex: heat packs)	
If it doesn't have a bin or spot it should probably be donated			
If it's not sentimental donate it		CAR	
Donate décor that hasn't been used in 1 year		Switch out clothes/diaper sizes if you keep extras in car / refill all other items	
		Clean car out of junk and trash	
TOYS			
Get rid of toys kids don't play with		ADULT CLOSET/BEDROOM	
Box up or donate toys and books that aren't age appropriate (example baby toys)		Donate all items that don't fit	
Simplify Duplicates (example – less cars!)		Donate ALL items you don't love or haven't worn in 1 year	
Throw out puzzles and games missing pieces		Store sentimental items appropriately	
Start fresh on crayons and coloring books		Throw out dry cleaning hangers/trash/tags	
Throw out old dry markers		Go through accessories.	
Throw out anything missing pieces or broken		Clean out nightstands	
		Throw away anything with a hole, stain, missing a match, and so on.	
LIVING AREAS			
Donate excess décor that doesn't bring you joy		GARAGE	
Throw away empty candles		Throw out trash or broken Items	
Throw away anything broken		Donate kids toys they don't use or aren't age appropriate	
Dry clean or throw out anything stained		Throw out extra screws/nails/etc.	
		Donate duplicate tools	

