

Hospital Checklist

ARIN SOLANGE AT HOME

CLOTHES FOR MOM

- Nursing Bra or 2
- Nursing Tank or 2
- Pants (leggings or Pj Pants)
- Sweater or Robe
- Slippers or Sandals
- Underwear to wear home
- Clothes to wear home
- Pajamas
- Belly Binder (optional)
- Sandals for shower if you want

FOR BABY

- (Pack all this in DIAPER BAG)
- Minimum 2 Going Home Outfits
- Hat or headband
- Blanket for Baby
- Newborn Nest (not a necessary but makes life easier)
- Carseat
- No Scratch Mittens

ELECTRONICS

- Phone Chargers
- Camera and charger
- Computer or Ipad and Charger

TOILETRIES

- Shampoo
- Conditioner
- Body Wash
- Razor
- Face wipes
- Glasses/contacts stuff
- Toothbrush
- Toothpaste
- Makeup
- Hair Irons
- Blow Drier
- Chapstick
- Lotion
- Nipple Cream
- Hair tie

OTHER

- Boppy or Nursing Pillow
- Blanket for yourself
- Photo Props (IF YOU WANT)
- Poloroid Camera
- Baby Book

PAPER WORK

- Drivers License
- Insurence Card
- Any forms or print outss
- Vending Machine cash